



# The Quarterly Circle

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## Mission Statement

The holistic betterment of our community; reversing the effects of racism one person and cause at a time.

## Contact Us

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## Find us on Social Media

 A Red Circle Nonprofit Organization

 @aredcirclenp

 @arecirclenp

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Podcast coming soon!

## A Red Circle's Open House!

We thank everyone who attended our Open House on September 30! It was a great time had by all who attended. We highlighted each focus area with information, books, community resources, healthy, affordable meals, and salsa dancing! A Red Circle is in the community for the community! We are located at Greater St. Mark Family Church in Dellwood. We are in the same building as United People Market, which is owned and operated by Steve and Audrey Hollis. They, along with other local growers and farmers, supplied the ingredients for the meals we served. Everything used was local and organic!

## Healthy Flavor - A Red Circle's Holistic Living bistro



*"A well-nourished body and brain is better able to withstand ongoing stress and recover from illness."*  
- Dr. Julia Rucklidge

Speaking of healthy food, who has heard or said that eating healthy is too expensive? Well, guess what – it does not have to be. A Red Circle will begin serving healthy, affordable dinners every Friday, from 6 pm to 8 pm, at **North Hills United Methodist Church, 10771 Trask Dr., St. Louis, MO 63136.**

We are calling our bistro

**Healthy Flavor**

and we invite you to dine with us.

In addition to healthy meals and great company, each Friday will feature a Holistic Living topic such as exercise, nutrition, and financial empowerment. Our racial equity book club will meet on the fourth Friday of each month. All guest speakers and discussions will begin at 7 p.m.

### Schedule of Events

- ❖ October 20 – Breaking Bad Money Habits with Jerome Carroll
- ❖ October 27 – Racial Equity Book Club Fire Pit Discussion – “The Color of Law” by Richard Rothstein
- ❖ November 3 – Senior Health and Wellness
- ❖ November 10 – Game Night
- ❖ November 17 – Food and Its Effect on the Brain with Nathaniel Jordan
- ❖ November 24 – Racial Equity Book Club Fire Pit Discussion – “Nudge” by Richard Thaler

## Summer Highlights

- Attended North County's back to school events
- Erica participated in radio and television interviews on KMOX, KEZK, and KMOV
- Recruited a grant writer and two policy interns
- Made new collaborations with United People Market, North Hills UMC, Solidarity Stl, Kids First Missouri, FreeSource, and MoCAN

## Upcoming Projects and Events

- Employment Circle – job development and employment readiness classes
- Policy Circle – civic engagement event in 2018 titled "Vote, Run, or Rule – To honor John Lewis and other civil rights activists and opportunity for direct action."
- The Arts Circle – opportunities in November and December to spread holiday cheer!

## Education Circle – Advocacy, Parent Cafes, and Equitable School Funding Collaborative

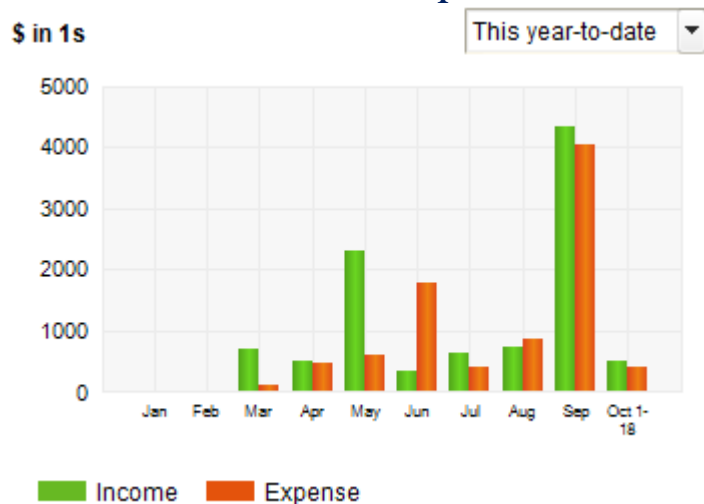


A Red Circle's **Education Advocates** are in Hazelwood and Ferguson-Florissant School Districts. We volunteer in the classrooms and with the teachers as needed, with the goal of keeping our pre-K through 3<sup>rd</sup> graders in their classroom. This includes tutoring, mentoring, reading to children, providing school supplies, and books, strengthening students' social and emotional learning, and engaging teachers in restorative justice practices. We will add additional North County districts as we grow in capacity. We have room for more advocates. Do you have time for a child? We will train you and give you all of the information you need. Sign up to volunteer on A Red Circle's website.

Another component of our Education Circle is the **Parent Café**. Parent Cafes are a new way for parents to connect with one another in a relaxed setting with no work required of parents. A way to get to know one another in a positive environment and learn from one another on how to be their best selves. Each cafe will have a topic and our first one is 'Parent Power'. The discussion will center around how much better kids do in school when parents get involved and use their power! It's all about the kids' success and how we can contribute.

Beginning in 2018, A Red Circle will form its **Equitable School Funding Collaborative**. We will work with policy interns, lawmakers, and groups outside of North County to begin the process of researching and advocating for more equitable funding for our North County school districts. Until North County experiences the economic growth necessary to fully fund our schools, we have to look to alternative funding formulas and strategies to ensure our children continue to receive a high-quality education. Join us!

## Financial Report



## More Summer Highlights (in pictures)



St. Vincent Home for Children



Book Drive



Credit & Nutrition



Planted Apple Trees

A Red Circle is officially part of NoCo Rocks in Florissant!



Open House



*...because all blood is red*